

## FINE AND GROSS MOTOR GROUPS KINDY / PRE-PRIMARY

## What do these groups focus on?

Fine Motor Skills

- pre-writing patterns
- letter formations
- cutting
- drawing

## **Gross Motor Skills**

- upper and lower core strength
- coordination

## Why choose this group?

An Occupational Therapist will assess your child to identify why they are experiencing difficulty with writing or sport skills. They can help your child to improve their skills and learn strategies to support their performance in a fun, supportive and safe environment.



For more information about this group or to book email reception@aimot.com.au or call 6150 8339