

# **Year 4 - 6**





# Junior Social Lego Legends (OT)

- Years 4 6
- work in small team, follow group rules, practice leadership skills
- Ideal for all children who are in school years
  4-6, no matter what their confidence level or social skills. An interest in LEGO is desirable.



### Junior Makers (OT)

- Years 4 6
- follow instructions and group rules, practice leadership skills and have fun in a safe, small setting
- includes science, technology and craft activities



# Junior Resilient Kids (OT)

- Years 4 6
- develop positive coping skills, bounce back when life gets tricky and make friends along the way



#### Junior Language Group (SP)

- Years 4 6
- there is no computer usage
- answering a range of conversational questions through cooperative play (receptive language)
- improve recounting skills/procedural narrative (important for school)
- maintaining a conversation through comments and questions
- understanding different perspectives (group members likes/dislikes)
- Can be a themed group such as Minecraft



#### Girls Life Skills (OT)

- Years 4 6
- This group is designed to connect and socialise in a supported environment.
- It will allow the girls to practise their executive functioning skills, emotional regulation, daily living skills and support their social interactions.
- This group will include baking, a trip to the shops and crafts. The girls will be able to budget and spend money of their own (\$5 maximum) during one of the sessions



#### Girls Craft (OT)

- Years 4 6
- Creating positive relationships through arts and crafts and sharing what we enjoy with each other like movies, books and singers!
- This group practices conversation skills such as identifying topic, initiating conversations and maintaining conversations.



#### Junior Writers (Language) (OT)

- Years 4 6
- modelled on Talk for Writing program
- focus on story writing, how to describe characters and settings, edit their work to ensure neatness and legibility



## Junior Artists (OT)

- Years 4 6
- aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, build fine motor and executive functioning skills
- includes various craft activities including painting, clay work and gardening
- An interest for art and craft is desirable



#### Junior Chefs (OT)

- Years 4 6
- help children develop an understanding of kitchen safety, learn how to read a recipe and develop their problem-solving skills whilst exploring their senses in the kitchen and working as part of a small team
- This group includes baking and cooking



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