



hello@aimtherapy.com.au

or 9300 3544

for bookings

JAN 2025

School Holiday Groups JOONDALUP



KINDY - PP

Motor Minis

Occupational Therapist: Madison

Mon 13th, Wed 15th, Mon 20th &
Wed 22nd Jan

9:00 AM - 10:00 AM

(4 sessions of 1 hour duration)

The goals of this group are to increase gross and fine motor skills such as: postural control, upper limb strength, hand strength, pincer grasp, pencil grasp, in-hand manipulation, functional tasks such as opening lunch boxes, zips on pencil cases and doing up buttons.

Ideal for all children in Kindy & Pre-primary who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment.

PP - YEAR 2

SOS - Play with your food

Speech Pathologist: Val

Mon 13th, Thu 16th, Mon 20th &
Thu 23rd Jan

10:00 AM - 11:30 AM

(4 sessions of 1.5 hour duration)

This is a food play group run by an SOS-trained therapist. It helps support children with food aversions and sensitivities who eat a limited food variety.

Your child will learn to have positive experiences with different foods and textures without the pressure to eat anything.

Parents are encouraged to join the group with their child to learn how to support feeding and mealtimes at home.

PP - YEAR 2 (Ages are flexible)

NEW

Disney Princess Craft Club

Occupational Therapist: Diyanah

Mon 13th, Wed 15th & Thu 16th Jan
10:00 AM - 12:00 PM

(3 sessions of 1.5 hour duration)

Join us for a world of creativity, where every session is a new adventure in art and friendship!

From designing dazzling crafts to exploring exciting techniques, you'll develop skills like fine motor precision, creative thinking and teamwork - all in a fun and supportive setting.

Make wonderful creations to take home, share laughs with new friends and discover the joy of crafting together. Let's create, inspire and repeat!

JOONDALUP

YEAR 1 - 3

Little Social Lego Legends

Occupational Therapist: Hannah

Mon 13th, Fri 17th, Mon 20th & Fri 24th Jan

10:30 AM - 12:00 PM

(4 sessions of 1.5 hour duration)

Classic LEGO group designed to support social communication between children while providing them opportunities for collaboration with LEGO builds.

This group aims to help children learn how to join in, work as part of a small team, follow group instructions, group rules, practice leadership skills and have fun in a safe, small setting.

Ideal for all children who are in school years 1-3, no matter what their confidence level or social skills. An interest in LEGO is desirable.

PP - YEAR 6

Girls Craft

Occupational Therapist: Amy G

Wed 15th, Thu 16th Wed 22nd & Thu 23rd Jan

11:00 AM - 1:00 PM

(4 sessions of 2 hour duration)

Join us for a world of creativity, where every session is a new adventure in art and friendship!

From designing dazzling crafts to exploring exciting techniques, you'll develop skills like fine motor precision, creative thinking and teamwork - all in a fun and supportive setting.

Make wonderful creations to take home, share laughs with new friends and discover the joy of crafting together. Let's create, inspire and repeat!

YEAR 1 - 3

Little Writers (Motor)

Occupational Therapist: Madison

Tue 14th, Thu 16th, Tue 21st & Thu 23rd Jan

9:00 AM - 10:00 AM

(4 sessions of 1 hour duration)

This group aims to assist children with their handwriting skills including letter formation, letter and word sizing and spacing, pencil grasp and writing endurance.

This group focuses on the motor aspect of writing and the motor skills of the children.

Ideal for children in school years 1-3 who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment.



JOONDALUP

YEAR 4 - 6

Harry Potter O.W.L.S

Occupational Therapist: Hannah

Tues 21st & Tues 28th Jan
9:00 AM - 11:00 AM

(2 sessions of 2 hour duration)

Welcome to the Harry Potter O.W.L.S. Group (Occupational Wizardry & Life Skills), where occupational therapy meets the enchanting world of Harry Potter!

This group is designed to blend the magic of Hogwarts with skill-building activities to strengthen fine motor skills, social skills, creativity and literacy.

An interest in Harry Potter is desirable.



YEAR 4 - 6

Junior Artists

Occupational Therapist: Elysia

Wed 22nd, Thu 23rd, Wed 29th &
Thu 30th Jan
10:00 AM - 11:30 AM

(4 sessions of 1.5 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, build fine motor and executive functioning skills in a fun, safe and small group setting.

This group includes various craft activities including painting, clay work and gardening.

Ideal for all children who are in school years 4-6, no matter what their confidence level or social skills.

An interest in art and craft is desirable.

YEAR 4 - 6

Junior Social Lego Legends

Occupational Therapist: Madison

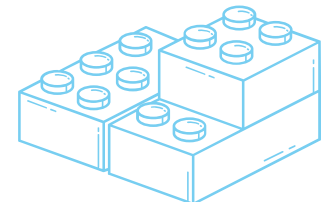
Tue 28th, Wed 29th & Thu 30th Jan
11:00 AM - 1:00 PM

(3 sessions of 2 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow group rules, practice leadership skills and have fun in a safe small setting using LEGO.

Ideal for all children in school years 4-6 no matter what their confidence level or social skills.

An interest in LEGO is desirable.



JOONDALUP

NEW

YEAR 4 - 6 (ages are flexible)

STEAM Connections

Occupational Therapist: Jasmine

Mon 13th, Thu 16th & Fri 17th Jan
1:00 PM - 3:00 PM

(3 sessions of 2 hour duration)

STEAM Connections is an inclusive, interest-based group tailored for children in Years 4-6.

This group incorporates STEAM (Science, Technology, Engineering, Arts, and Math) activities in a supportive and fun environment, allowing children to explore teamwork, empathy, and emotional regulation in ways that feel natural and empowering for them.

NEW

YEAR 4 - 6 (ages are flexible)

Digital Detectives

Occupational Therapist: Jasmine

Tue 21st, Thu 23rd, Tue 28th &
Thu 30th Jan
10:30 AM - 12:00 PM

(4 sessions of 1.5 hour duration)

Join our Digital Detectives cyber safety group for kids in Years 4-7!

In this interactive, hands-on program, kids will learn essential skills to explore the digital world safely.

Through engaging activities, they'll discover how to protect personal information, recognise cyberbullying, safely use games and social media, and spot scams—all while building online confidence and respect.

NEW

YEAR 7+

Teen Chefs

Speech Pathologist: Georgia M

Mon 20th, Tue 21st &
Wed 22nd Jan
12:00 PM - 2:00PM

(3 sessions of 2 hour duration)

Ready to whip up some fun in the kitchen? Our teen cooking group is perfect for teens looking to build life skills while having a blast (no Gordon Ramsay-level yelling here - we promise!).

Together, we'll master the art of following and interpreting recipes, sorting kitchen tools and ingredients like pros, and perfecting step-by-step routines—all while creating delicious masterpieces and meeting likeminded people.

It's the ultimate mix of learning, laughter, and, of course, snacks. Let's turn up the heat and get cooking!

BOOKING CONDITIONS

Session cost: \$145.48 for 1 hr, \$193.98 for 1.5 hr, \$242.48 for 2 hr. Private health & NDIS rebates available. Prices quoted are based on 2 participants, the cost will be less if more children join the group. Minimum of 2 children required for the group to run. Attendance at each session is compulsory. You must also be able to switch to a Zoom session, if necessary. Some basic resources at home needed, see flyer or enquire when booking. Sessions held at Unit 1, 10 Clarke Crescent, Joondalup.