



hello@aimtherapy.com.au

or 6150 8339

for bookings

JAN 2025

## School Holiday Groups WEMBLEY



### PRE-KINDY

#### Kindy Readiness

Occupational Therapist: Kate

Mon 13th, Tue 14th & Fri 17th Jan  
8:30 AM - 10:00 AM

(3 sessions of 1.5 hour duration)

This group program aims to prepare children for kindergarten or for children already in Kindergarten who would benefit from additional practice of fine and gross motor skills.

Introduction to and practice of kindy skills such as following simple classroom based instructions, turn taking, sitting to listen during mat time, waiting in line and working with others.

Age appropriate activities that they will encounter in Kindy including fine and gross motor skills and learning activities such as colour recognition, drawing, writing and learning through singing rhymes as a group.

NEW

### PP - YEAR 2

#### Little Groovers

Occupational Therapist: Grace

Mon 13th, Thu 16th, Mon 20th &  
Thu 23rd Jan  
1:00 PM - 2:00 PM

(4 sessions of 1 hour duration)

This is a fun and interactive group designed for young children to explore music, songs and movement in a playful, supportive environment.

Through engaging in songs, rhythm activities, and group games, children will develop important social skills, such as cooperation, listening, and taking turns, while also building their self-regulation and coordination skills.

### YEAR 1 - 3

#### Little Writers (Motor)

Occupational Therapist: Milly

Mon 20th, Tue 21st, Wed 22nd &  
Thu 23rd Jan  
9:30 AM - 10:30 AM

(4 sessions of 1 hour duration)

This group aims to assist children with their handwriting skills including letter formation, letter and word sizing and spacing, pencil grasp and writing endurance.

This group focuses on the motor aspect of writing and the motor skills of the children.

Ideal for children in school years 1-3 who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment.

# WEMBLEY

## YEAR 1 - 3

### Girls Social Skills

Speech Pathologist: Larissa

Mon 13th, Wed 15th, Mon 20th &  
Wed 22nd Jan

1:00 PM - 2:00 PM

(4 sessions of 1 hour duration)

This group aims to help children learn how to communicate with peers.

Children will learn how to greet others, play appropriately, make friends and learn conversation skills such as asking and answering questions.

Working in a small group setting will allow children to practice these skills in a supportive environment with other's their age.

## YEAR 1 - 3

### Little Social LEGO Legends

Occupational Therapist: Grace K

Mon 6th, Tue 7th, Wed 8th &  
Thu 9th Jan

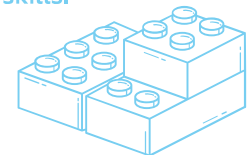
1:00 PM - 2:00 PM

(4 sessions of 1 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow group instructions, group rules, practice leadership skills and have fun in a safe, small setting.

Ideal for all children who are in school years 1-3, no matter what their confidence level or social skills.

An interest in LEGO is desirable.



## YEAR 4 - 6

### Junior Artists

Occupational Therapist: Courtney

Tue 21st & Wed 22nd Jan  
9:00 AM - 11:00 AM

(2 sessions of 2 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, build fine motor and executive functioning skills in a fun, safe and small group setting.

This group includes various craft activities including painting, clay work and gardening.

Ideal for all children who are in school years 4-6, no matter what their confidence level or social skills. An interest in art and craft is desirable.



# WEMBLEY

## YEAR 4 - 6

### Junior Chefs

Occupational Therapist: Milly

Mon 13th & Wed 15th Jan

9:00 AM - 11:00 AM

(2 sessions of 2 hour duration)

This group aims to help children develop an understanding of kitchen safety, learn how to read a recipe and develop their problem-solving skills whilst exploring their senses in the kitchen and working as part of a small team.

This group includes baking and cooking. Suitable for all children who are in school years 4-6, no matter what their confidence or level of social skills. An interest in baking and cooking is desirable.

## YEAR 4 - 6

### Girls Craft

Occupational Therapist: Kate

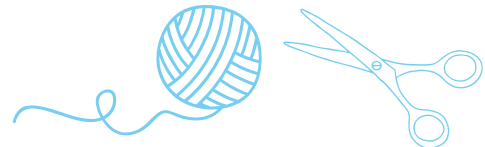
Mon 13th & Fri 17th Jan

10:30 AM - 12:30 PM

(2 sessions of 2 hour duration)

Creating positive relationships through arts and crafts and sharing what we enjoy with each other like movies, books and singers!

This group practices conversation skills such as identifying topic, initiating conversations and maintaining conversations.



## YEAR 6 - 7

### High School Readiness

Occupational Therapist: Courtney

Wed 15th & Thu 16th Jan

9:30 AM - 11:30 AM

(2 sessions of 2 hour duration)

This group is for students approaching High School, to help prepare and support the transition to high school.

Content includes: friendships, coping skills, timetables, organisation, protective factors and assessment planning.

This group is for students in year 6 and 7 who would benefit from preparation and extra support during this transition time

### **BOOKING CONDITIONS**

Session cost: \$145.48 for 1 hr, \$193.98 for 1.5 hr, \$242.48 for 2 hr. Private health & NDIS rebates available. Prices quoted are based on 2 participants, the cost will be less if more children join the group. Minimum of 2 children required for the group to run. Attendance at each session is compulsory. You must also be able to switch to a Zoom session, if necessary. Some basic resources at home needed, see flyer or enquire when booking. Sessions held at 1b, 228 Cambridge St, Wembley.