



Kindy / Pre Primary



Moving Monkeys Minis (OT & Physio)

- Kindy / PP
- history of developmental delay, hip dysplasia, w-sitting, toe-walkers, hypermobility.
- targeting fine motor skills, play and social skills, and gross motor skills such as balance, hopping and ball skills
- maximum 6 children



Mini Writers (OT)

- Kindy / PP
- focusing on pencil grasp, hand strength, pre-writing patterns, letter formations and early writing skills such as name writing.
- targeting goals through fun and games in a social environment



Motors Minis (OT)

- Kindy / PP
- increase gross and fine motor skills such as: postural control, upper limb strength, hand strength, pincer grip, pencil grasp, in-hand manipulation functional tasks such as opening lunch boxes, zips on pencil cases and doing up buttons





Social Communicator Minis (SP)

- Kindy / PP
- turn taking, sharing, early conversation skills
- fun, supportive environment to practice these skills with lots of fun activities like they would experience at school and play dates
- this group can be run as a Bluey themed group



Early Literacy Minis (SP)

- Kindy / PP
- focus on identifying rhyming words, breaking words into syllables and being able to 'sound out' words. These are all key skills for learning to read and write



Mini Fun with Food (OT)

- Kindy / PP
- ideal for picky eaters and children with a basic diet who are willing to explore different tastes, textures and coloured foods
- hands on sensory approach to trialling different foods
- we'll be tasting different fruits, veggies, bread and cereals throughout the session

