



## Year 1 - 3



Group program for Kids in Year 1-3

Little Writers (Motor)



### Little Writers (Motor) (OT)

- Year 1 - 3
- handwriting skills - letter formation, letter and word sizing and spacing, pencil grasp and writing endurance



Group program for Kids in Yr 1-3

Little Writers (Language)



### Little Writers (Language) (OT)

- Year 1 - 3
- modelled on Talk for Writing program
- short one page text and then using this will 'innovate' the text by changing some characters and the events in the story including punctuation and correct letter formations



Group program for Kids in Year 1-3

Little Social Lego Legends



### Little Social Lego Legends (OT)

- Years 1 - 3
- work in small team, follow group rules, practice leadership skills
- interest in lego is desirable



## Little Social and Calm Kids (OT)

- Years 1 - 3
- perspective taking, conversational skills, theory of mind, turn taking, making conversations and politely ending them



## Little Makers (OT)

- Years 1 - 3
- follow instructions and group rules, practice leadership skills and have fun in a safe, small setting
- includes science, technology and craft activities



## Little Fun with Food (OT)

- Years 1 - 3
- ideal for picky eaters and children with a basic diet who are willing to explore different tastes, textures and coloured foods
- hands on sensory approach to trialling different foods
- we'll be tasting different fruits, veggies, bread and cereals throughout the session



## SOS Play with your Food (SP)

(Sequential - Oral - Sensory)

- run by an SOS-trained therapist. It helps support children with food aversions and sensitivities who eat a limited food variety.
- your child will learn to have positive experiences with different foods and textures without the pressure to eat anything.
- parents are encouraged to join the group with their child to learn how to support feeding and mealtimes at home.



## Little Pokemon Masters

- through exciting Pokémon-themed activities, we'll sharpen our fine and gross motor skills, teamwork, visual perception, social skills, creative thinking and hand-eye coordination as we navigate challenges and legendary battles.
- filled with fun, friendship, and the quest to become the ultimate Pokémon Trainer!

