



hello@aimtherapy.com.au

or 9300 3544

for bookings

APRIL 2025

School Holiday Groups

JOONDALUP



KINDY - PP

Motor Minis

Occupational Therapist: Anisa

Dates: Mon 14th, Wed 16th, Tue 22nd & Wed 23rd April
9:30 am - 10:30 am

(4 sessions of 1 hour duration)

The goals of this group are to increase gross and fine motor skills such as: postural control, upper limb strength, hand strength, pincer grasp, pencil grasp, in-hand manipulation, functional tasks such as opening lunch boxes, zips on pencil cases and doing up buttons.

Ideal for all children in Kindy & Pre-primary who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment.

YEAR 1 - 3

Little Social Lego Legends

Occupational Therapist: Madison

Dates: Tue 15th, Thu 17th, Tue 22nd & Thu 24th April
11:00 am - 12:30 pm

(4 sessions of 1.5 hour duration)

Classic LEGO group designed to support social communication between children while providing them opportunities for collaboration with LEGO builds.

This group aims to help children learn how to join in, work as part of a small team, follow group instructions, group rules, practice leadership skills and have fun in a safe, small setting.

Ideal for all children who are in school years 1-3, no matter what their confidence level or social skills. An interest in LEGO is desirable.

PP - YEAR 6

Girls Craft

Occupational Therapist: Kayla

Dates: Mon 14th, Wed 16th, Tue 22nd & Wed 23rd April
10:00 am - 11:30 am

(4 sessions of 1.5 hour duration)

Join us for a world of creativity, where every session is a new adventure in art and friendship!

From designing dazzling crafts to exploring exciting techniques, you'll develop skills like fine motor precision, creative thinking and teamwork - all in a fun and supportive setting.

Make wonderful creations to take home, share laughs with new friends and discover the joy of crafting together. Let's create, inspire and repeat!

JOONDALUP

YEAR 4 - 6

Junior Artists

Occupational Therapist: Anisa

Dates: Tue 15th, Wed 16th, Tue 22nd & Wed 23rd April
12:00 pm - 1:00 pm

(4 sessions of 1 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, build fine motor and executive functioning skills in a fun, safe and small group setting. This group includes various craft activities including painting, clay work and gardening.

Ideal for all children who are in school years 4-6, no matter what their confidence level or social skills.

An interest in art and craft is desirable.

YEAR 4 - 6

Minecraft Warriors

Occupational Therapist: Jasmine

Dates: Tue 15th & Thu 17th April
9:00 am - 11:00 am

(2 sessions of 2 hour duration)

Join our fun and engaging Minecraft themed group where we combine the exciting world of Minecraft with important life skills!

This group uses Minecraft as a platform to support and develop social interactions, emotional regulation, and problem-solving skills.

The group provides a safe and supportive environment where children can express themselves, develop confidence, and improve their ability to manage their emotions.

An interest in Minecraft is desirable.

YEAR 4 - 6

Junior Pokemon Masters Evolved

Occupational Therapist: Jasmine

Dates: Thu 17th & Thu 24th April
1:30 pm - 3:30 pm

(2 sessions of 2 hour duration)

Attention all aspiring Pokémon Trainers! Join us at our Pokémon Training Camp, where we'll embark on an epic adventure to develop our skills and become true Pokémon Masters!

Through exciting Pokémon-themed activities, we'll sharpen our fine and gross motor skills, teamwork, visual perception, social skills, creative thinking and hand-eye coordination as we navigate challenges and legendary battles.

Join us for a holiday group filled with fun, friendship, and the quest to become the ultimate Pokémon Trainer!



JOONDALUP

NEW**YEAR 1 - 7**

Girls Self Care Circle

Occupational Therapist: Amy

Dates: Wed 16th & Thu 17th April
11:00 am - 1:00 pm

(2 sessions of 2 hour duration)

Step into the Girls Self Care Circle!

It's all about fun, creativity, and learning the importance of self-care. Get ready to explore exciting ways to feel your best—like painting nails, braiding hair, and making DIY beauty treats! This group includes engaging hands-on activities, discussions, and practical strategies, to help group members learn how to manage stress, build healthy routines and practice self-compassion.

Our group is a safe, supportive space where every girl can build friendships, boost her confidence, and enjoy a little well-deserved pampering!

TEENS (ages are flexible)

Teen Chefs

Speech Pathologist: Georgia

Dates: Mon 14th, Tue 15th & Wed
16th April
10:30 am - 12:30 pm

(3 sessions of 2 hour duration)

Ready to whip up some fun in the kitchen? Our Teen Cooking Group is perfect for teens looking to build life skills while having a blast (no Gordon Ramsay-level yelling here - we promise!).

Together, we'll master the art of following and interpreting recipes, sorting kitchen tools and ingredients like pros, and perfecting step-by-step routines—all while creating delicious masterpieces and meeting likeminded people. It's the ultimate mix of learning, laughter, and, of course, snacks.

Let's turn up the heat and get cooking!



BOOKING CONDITIONS

Session cost: \$145.48 for 1 hr, \$193.98 for 1.5 hr, \$242.48 for 2 hr. Private health & NDIS rebates available. Prices quoted are based on 2 participants, the cost will be less if more children join the group. Minimum of 2 children required for the group to run. Attendance at each session is compulsory. You must also be able to switch to a Zoom session, if necessary. Some basic resources at home needed, see flyer or enquire when booking. Sessions held at Unit 1, 10 Clarke Crescent, Joondalup.