



[hello@aimtherapy.com.au](mailto:hello@aimtherapy.com.au)

or 6244 4397

for bookings

# JULY 2025

## School Holiday Groups CANNING VALE



### KINDY - PP

#### Motor Minis (Gross Motor)

Occupational Therapist: Shanice

Dates: Mon 7<sup>th</sup>, Tue 8<sup>th</sup>, Thu 10<sup>th</sup> &  
Fri 11<sup>th</sup> July

9:30 am - 10:30 am

(4 sessions of 1 hour duration)

The goals of this group are to increase gross and fine motor skills such as: postural control, upper limb strength, hand strength, pincer grasp, pencil grasp, in-hand manipulation, functional tasks such as opening lunch boxes, zips on pencil cases and doing up buttons.

Ideal for all children in Kindy & Pre-primary who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment.

### PP - YEAR 2

#### Treasure Quest Crew

Occupational Therapist: Kimlai

Dates: Mon 14<sup>th</sup>, Tue 15<sup>th</sup>, Wed  
16<sup>th</sup> & Thu 17<sup>th</sup> July

12:30 pm - 2:00pm

(4 sessions of 1.5 hour duration)

This imaginative group program is designed to help children develop essential social skills through a fun pirate and mermaid-themed adventure! They will engage in activities that encourage communication, teamwork, and positive peer interactions while navigating treasure hunts, collaborative storytelling, and creative play. As they work together to craft pirate treasure maps, build mermaid necklaces, and create pirate ships, they will practice social skills like sharing, problem-solving, and taking turns.

### YEAR 1 - 3

#### Little Writers (Motor)

Occupational Therapist: Shanice

Dates: Mon 14<sup>th</sup>, Tue 15<sup>th</sup>, Thu 17<sup>th</sup>  
& Fri 18<sup>th</sup> July

9:30 am - 10:30 am

(4 sessions of 1 hour duration)

This group aims to assist children with their handwriting skills including letter formation, letter and word sizing and spacing, pencil grasp and writing endurance. This group focuses on the motor aspect of writing and the motor skills of the children.

Ideal for children in school years 1-3 who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment.

# CANNING VALE

## YEAR 2 - 4

### Girls Craft

Occupational Therapist: Kimlai

Dates: Tue 8<sup>th</sup>, Wed 9<sup>th</sup> &  
Thu 10<sup>th</sup> July  
11:00 am - 1:00pm

(3 sessions of 2 hour duration)

Creating positive relationships through arts and crafts and sharing what we enjoy with each other like movies, books and singers!

This groups conversation skills such as identifying topic, initiating conversations and maintaining conversations.

## YEAR 3 - 5 (ages are flexible)

### Girls Self Care

Occupational Therapist: Celina

Dates: Mon 7<sup>th</sup>, Wed 9<sup>th</sup> & Thu 10<sup>th</sup>  
July  
10:00am - 11:30am

(3 sessions of 1.5 hour duration)

Fun, creativity, and learning the importance of self-care. Get ready to explore exciting ways to feel your best—like painting nails, braiding hair, and making DIY beauty treats! This group includes engaging hands-on activities, discussions, and practical strategies, to help group members learn how to manage stress, build healthy routines and practice self-compassion.

Our group is a safe, supportive space where every girl can build friendships, boost her confidence, and enjoy a little well-deserved pampering!

## YEAR 4 - 6

### Boardgame Group

Occupational Therapist: Caitlin

Dates: Mon 7<sup>th</sup>, Tue 8<sup>th</sup>, Thu 10<sup>th</sup> &  
Fri 11<sup>th</sup> July  
1:00 pm - 2:00 pm

(4 sessions of 1 hour duration)

Range of engaging board games for this age group. With both competitive and cooperative options.

Board games include Minecraft Explorers, Dungeon Mayhem, 5-Minute Dungeon, Magic Maze.

Happy for clients to bring in board games or card games if they are comfortable to do so.





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## YEAR 4 - 6

### Junior Makers

Occupational Therapist: Caitlin

Dates: Mon 14<sup>th</sup>, Tue 15<sup>th</sup>, Wed 16<sup>th</sup>  
& Thu 17<sup>th</sup> July

11:00 am - 12:00 pm

(4 sessions of 1 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, practice leadership skills and have fun in a same, small setting. this group includes science, technology and craft activities.

Ideal for all children who are in school years 4-6, no matter what their confidence level or social skills. An interest in craft is desirable.

## YEAR 4 - 7

### Junior Chefs

Occupational Therapist: Celina

Dates: Tue 15<sup>th</sup>, Wed 16<sup>th</sup>, Thu 17<sup>th</sup>  
July

11:30 am - 1:30 pm

(3 sessions of 2 hour duration)

This group aims to help children develop an understanding of kitchen safety, learn how to read a recipe and develop their problem-solving skills whilst exploring their senses in the kitchen and working as part of a small team.

This group includes baking and cooking. Suitable for all children who are in school years 4-6, no matter what their confidence or level or social skills. An interest in baking and cooking is desirable.

NEW

## YEAR 4 - 7

### Pokemon TCG Tournament

Occupational Therapist: Dalton

Dates: Tue 8<sup>th</sup>, Wed 9<sup>th</sup>, Thu 10<sup>th</sup> &  
Fri 11<sup>th</sup> July

1:30 pm - 3:00 pm

(4 sessions of 1.5 hour duration)

Join Dalton for a fun and interactive social skills group centred around the Pokémon Trading Card Game. Children will be expected to create their own tournament and compete while being supported to create positive social interactions.

This group supports the development of turn taking, strategising, rule following, winning and losing, frustration tolerance and sportsmanship. Level one difficulty decks will be provided so there is no need to own cards, and no prior experience is required.

### BOOKING CONDITIONS

Session cost: \$145.48 for 1 hr, \$193.98 for 1.5 hr, \$242.48 for 2 hr. Private health & NDIS rebates available. Prices quoted are based on 2 participants, the cost will be less if more children join the group. Can be claimed under Capacity Building Supports - Improved Daily Living - line items 15\_005\_0118\_1\_3 OR 15\_617\_0128\_1\_3. Minimum of 2 children required for the group to run. Attendance at each session is compulsory. You must also be able to switch to a Zoom session, if necessary. Some basic resources at home needed, see flyer or enquire when booking.