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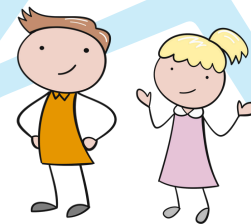
or 93003544

for bookings

# JULY 2025

## School Holiday Groups

### JOONDALUP



#### PP - YEAR 2

##### Play with your food

Speech Therapist: Val

Dates: Mon 7<sup>th</sup>, Tue 8<sup>th</sup> & Thu 10<sup>th</sup>  
10:00 am - 11:30am

(3 sessions of 1.5 hour duration)

This is a food play group run by an SOS-trained therapist. It helps support children with food aversions and sensitivities who eat a limited food variety.

Your child will learn to have positive experiences with different foods and textures without the pressure to eat anything. Parents are encouraged to join the group with their child to learn how to support feeding and mealtimes at home.

#### YEAR 1 - 7

##### Girls Self Care

Occupational Therapist: Madison

Dates: Mon 14<sup>th</sup>, Tue 15<sup>th</sup> &  
Wed 16<sup>th</sup> July  
1:00 pm - 2:30 am

(3 sessions of 1.5 hour duration)

Fun, creativity, and learning the importance of self-care. Get ready to explore exciting ways to feel your best—like painting nails, braiding hair, and making DIY beauty treats! This group includes engaging hands-on activities, discussions, and practical strategies, to help group members learn how to manage stress, build healthy routines and practice self-compassion.

Our group is a safe, supportive space where every girl can build friendships, boost her confidence, and enjoy a little well-deserved pampering!

#### YEAR 4-6

##### Junior Artists

Occupational Therapist: Emma

Dates: Mon 7<sup>th</sup> & Tue 8<sup>th</sup> July  
9:00 am - 11:00 am

(2 sessions of 2 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, build fine motor and executive functioning skills in a fun, safe and small group setting.

This group includes various craft activities including painting, clay work and gardening. Ideal for all children who are in school years 4-6, no matter what their confidence level or social skills. An interest in art and craft is desirable.

#### BOOKING CONDITIONS

Session cost: \$145.48 for 1 hr, \$193.98 for 1.5 hr, \$242.48 for 2 hr. Private health & NDIS rebates available.

Prices quoted are based on 2 participants, the cost will be less if more children join the group. Can be claimed under Capacity Building Supports - Improved Daily Living - line items 15\_005\_0118\_1\_3 OR 15\_617\_0128\_1\_3.

Minimum of 2 children required for the group to run. Attendance at each session is compulsory. You must also be able to switch to a Zoom session, if necessary. Some basic resources at home needed, see flyer or enquire when booking.

Sessions held at 10 Clarke Crescent, Joondalup.