



hello@aimtherapy.com.au

or 6150 8339

for bookings

# OCTOBER 2025

## School Holiday Groups WEMBLEY



### KINDY



#### Kindy Readiness

Occupational Therapist: Kate

Dates: Tues 30<sup>th</sup> Sept, Thu 2<sup>nd</sup> Oct,  
Tue 7<sup>th</sup> Oct, Thu 9<sup>th</sup> Oct  
9:30 am - 10:30 am

(4 sessions of 1 hour duration)

The Kindy Readiness group supports children aged 3 to 4.5 in preparing for or adjusting to kindergarten. It focuses on key kindy skills like following instructions, turn-taking, mat-time listening, lining up and working with others.

Children engage in age appropriate activities that build fine and gross motor skills, as well as early learning through drawing, writing, colour recognition and group rhyme singing.

### YEAR 4 - 6

#### Boardgame Buddies

Occupational Therapist: Kate

Dates: Mon 6<sup>th</sup>, Tue 7<sup>th</sup>, Wed 8<sup>th</sup> Oct  
11:30 am - 1:00 pm

(3 sessions of 1.5 hour duration)

Welcome to Boardgame Buddies, where there are a range of engaging board games for this age group. With both competitive and cooperative options.

Boardgames include Minecraft Explorers, Dungeon Mayhem, 5-Minute Dungeon, Magic Maze.

Children are welcome to bring in boardgames or card games if they are comfortable to do so.

### YEAR 4 - 6

#### Girls Craft

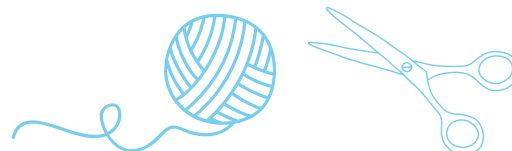
Occupational Therapist: Haleh

Dates: Thu 9<sup>th</sup> & Fri 10<sup>th</sup> Oct  
9:00 am - 11:00 am

(2 sessions of 2 hour duration)

Our Girls Craft group is all about creating positive relationships through arts and crafts and sharing what we enjoy with each other like movies, books and singers!

This group practices conversation skills such as identifying topic, initiating conversations and maintaining conversations.





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## YEAR 6 - 7

### High School Readiness

Occupational Therapist: Courtney

Dates: Tue 30<sup>th</sup> Sept & Thu 2<sup>nd</sup> Oct  
1:00 pm - 3:00 pm

(2 sessions of 2 hour duration)

Our High School Readiness group is for students approaching High School, to help prepare and support the transition to high school.

Content includes: friendships, coping skills, timetables, organisation, protective factors and assessment planning.

This group is for students in year 6 and 7 who would benefit from preparation and extra support during this transition time

## YEAR 7 - 9

### Teen Chefs

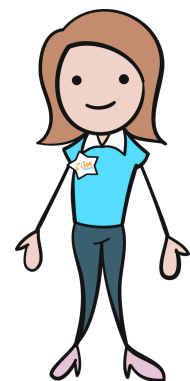
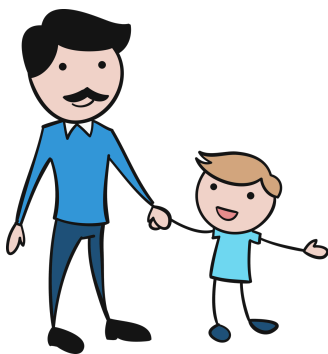
Occupational Therapist: Courtney

Dates: Tue 30<sup>th</sup> Sept & Thu 2<sup>nd</sup> Oct  
10:00 am - 12:00 pm

(2 sessions of 2 hour duration)

Teen Chefs aims to help children develop an understanding of kitchen safety, learn how to read a recipe and develop their problem-solving skills whilst exploring their senses in the kitchen and working as part of a small team. This group includes baking and cooking.

Suitable for all children who are in school years 7 - 9, no matter what their confidence or level of social skills. An interest in baking and cooking is desirable.



### BOOKING CONDITIONS

Session cost: \$161.66 for 1 hr, \$210.16 for 1.5 hr, \$258.65 for 2 hr. Private health & NDIS rebates available. Prices quoted are based on 2 participants, the cost will be less if more children join the group. Can be claimed under Capacity Building Supports - Improved Daily Living. Minimum of 2 children required for the group to run. Attendance at each session is compulsory. You must also be able to switch to a Zoom session, if necessary. Some basic resources at home needed, please enquire when booking. Sessions held at 1b, 228 Cambridge St, Wembley.