



hello@aimtherapy.com.au

or 6150 8339

for bookings

JANUARY 2026

School Holiday Groups JOONDALUP



PRE-KINDY (AGES 3 - 4.5)

Kindy Readiness

Occupational Therapist: Madison

Dates: Mon 19th, Wed 21st and Fri 23rd Jan

9:00 am - 10:00 am

(3 sessions of 1 hour duration)

This group prepares your child for kindergarten, focusing on key skills like following instructions, turn-taking, mat-time listening, lining up and working with others.

The activities build fine and gross motor skills, and as early learning concepts through drawing, writing, colour recognition and group rhyme singing.



PP - YEAR 2

SOS for Picky Eaters

Speech Pathologist: Val

Dates: Mon 19th, Tues 20th and Wed 21st Jan

10:30 am - 12:00 pm

(3 sessions of 1.5 hour duration)

This is a food play group run by an SOS-trained therapist. It helps support children with food aversions and sensitivities, who eat a limited food variety.

Your child will learn to have positive experiences with different foods and textures without the pressure to eat anything. Parents are encouraged to join the group with their child to learn how to support feeding and mealtimes at home.



YEAR 2 - 3

Sensory Detectives

Occupational Therapist: Klayna

Dates: Tues 13th and Wed 14th Jan

9:30 am - 11:00 am

(2 sessions of 1.5 hour duration)

Join us as we become Sensory Detectives, investigating touch, sight, smell and hearing through fun and social adventures!

Your child will explore the different senses, discover their own sensory preferences and participate in small group activities.





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YEAR 2 - 6

K-Pop Huntr/x

Speech Pathologist: Helen

Dates: Thur 8th, Thur 15th and
Thur 22Jan

10:00 am - 12:00 pm

(2 sessions of 2 hour duration)

Boost social communication skills with our group based on the viral hit K-pop Demon Hunters movie! Kids will connect with peers through K-Pop, the movie's characters and songs, while building their skills.

Through fun, themed activities, children will practice social communication skills, conversations, comprehension listening, expressive talking, and storytelling. A motivating way to boost confidence, make friends, and level up language skills!



YEAR 4 - 6

Girl's Self Care Group

Occupational Therapist: Madison

Dates: Mon 12th, Tues 13th and
Thur 15th Jan

10:00 am - 11:30 pm

(3 sessions of 1.5 hour duration)

Our group is a safe, supportive space where every girl can build friendships, boost her confidence, and enjoy a little well-deserved pampering!

Your child will participate in a range of self care activities, develop social connections, build confidence and develop new skills.



YEAR 4 - 7

Junior Chefs

Occupational Therapist: Kayla

Tues 20th, Wed 21st and Thurs
22nd Jan

10:00 am - 12:00 pm

(3 sessions of 2 hour duration)

This group aims to help children develop an understanding of kitchen safety, meal preparation, learn how to read a recipe and develop their problem-solving skills. In addition your child will be encouraged to explore their senses in the kitchen and work together as part of a small team.





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YEAR 6

High School Readiness

Occupational Therapists: Georgia and Kendelle

Dates: Wed 21st and Thurs 22nd Jan

9:00 am - 11:00 am

(2 sessions of 2 hour duration)

This group is for students approaching High School, to help prepare and support their transition to high school.

Content includes: friendships, coping skills, timetables, organisation, protective factors and assessment planning.

This group is for students finishing Year 6 who would benefit from preparation and extra support during this transition time.



BOOKING CONDITIONS

- Session cost: \$161.66 for 1 hr, \$210.16 for 1.5 hr, \$258.65 for 2 hr.
- Prices quoted are based on 2 participants, the cost will be less if more children join the group.
- Private health & NDIS rebates available. Can be claimed under NDIS Capacity Building Supports - Improved Daily Living.
- Minimum of 2 children required for the group to run.
- Attendance at each session is compulsory.
- You must also be able to switch to a Zoom session, if necessary.
- Some basic resources at home needed, please enquire when booking.
- Sessions held at Joondalup Premise, 10 Clarke Crescent, Joondalup.