



hello@aimtherapy.com.au

SEPTEMBER 2026

or 6150 8339

for bookings

School Holiday Groups BALCATTA



KINDY / PP

Little Achievers

Occupational Therapist: Kate

Dates: Wed 30th Sept, Fri 2nd Oct

9:30 am - 11:00 am

(2 sessions of 1.5 hour duration)

A fun, play-based occupational therapy group designed for Kindy and Pre-Primary children to build foundational school skills, including cutting, pre-writing patterns, fine motor strength, and whole-body coordination.



KINDY / PP

Teddy Bear Adventures

Speech Pathologist: Mia

Dates: Mon 5th, Tues 6th Oct

9:30 am - 11:00 am

(2 sessions of 1.5 hour duration)

Join us for a fun-filled holiday group where children and their favourite teddy bear can enjoy imaginative play, stories, crafts and social games together. Children will practise early friendship and communication skills while caring for their teddies at our Teddy Bear Doctor's Surgery and enjoying a special Teddy Bear Picnic. Children are encouraged to bring their favourite teddy bear or soft toy along for the adventure!



PP - YEAR 2

Roar and Explore

Speech Pathologist: Charlotte

Dates: Tues 29th, Wed 30th Sept & Thurs 1st Oct

10:00 am - 11:30 am

(3 sessions of 1.5 hours duration)

Participate in fun and cooperative zoo-themed games and activities for your child to practice their social communication skills, such as playing alongside and with other children, turn-taking, and greeting new people. Your child will also practice following instructions, working together as a team, and building their language skills!





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YEAR 1 - 3

PENCIL PIRATES

Occupational Therapist: Kat

Dates: Wed 30th Sept 11am - 1pm
Fri 2nd Oct 11am - 1pm

(2 sessions of 2 hour duration)

This group aims to assist children with their handwriting skills including letter formation, letter and word sizing and spacing, pencil grasp and writing endurance. This group focuses on the motor aspect of writing and the motor skills of the children. Ideal for children in school years 1-3 who are having difficulties in the above areas who will benefit from learning in a relaxed, fun and social environment



YEAR 3 - 5

Building Buddies

Occupational Therapist: Ryan

Dates: Wed 30th Thurs 1st Oct
10:00am - 12:00pm

(2 sessions of 2 hour duration)

LEGO based therapy can help kids build social communication, teamwork, collaborating and problem-solving skills in a structured, motivating setting. The LEGO structure gives children a clear goal and predictable routines, which can make social interactions feel safer and easier, building confidence and friendship skills.



YEAR 4 - 6

Girls Glitter & Glue

Occupational Therapist: Kat

Dates: Tues 6th Thurs 8th Oct
11:00 am - 1:00 pm

(2 sessions of 2 hour duration)

This group aims to create positive relationships through arts and craft activities. A combination of a creative and social group, this group will encourage children to share their interests, so come prepared with your favourite movies and books.



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YEAR 4 - 6

Connected Kids Club

Occupational Therapist: Kate

Dates: Wed 30th Sept 1.30pm - 3pm
or Mon 5th Oct 11am - 12.30pm
or Wed 7th Oct 1.30pm - 3pm

(sessions of 2 hour duration)

.Participate in fun, competitive and cooperative board games and card games, whilst connecting with others! The group will target social and executive functioning skills, such as following instructions, winning and losing, decision making, team work, problem solving and self regulation. Your child will also be encouraged to bring in their favourite games to share!

YEAR 4 - 6

Boy's Bright Ideas Art Club

Occupational Therapist: Ryan

Dates: Wed 7th & Thurs 8th Oct

11:00 am - 1:00 pm

(2 sessions of 2 hour duration)

This group aims to help children learn how to join in, work as part of a small team, follow instructions and group rules, build fine motor and executive functioning skills in a fun, safe and small group setting. This group includes various craft activities including painting, clay work and gardening. Ideal for all children who are in school years 4-6, no matter what their confidence level or social skills. An interest in art and craft is desirable.

HIGH SCHOOL

Connection Crew

Occupational Therapist: Kate

Dates: Wed 30th Sept 11.30am - 1pm
or Mon 5th Oct 1pm - 2.30pm
or Fri 9th Oct 9am - 10.30am

(sessions of 1.5 hour duration)

Participate in fun, competitive and cooperative board games and card games, whilst connecting with other high school students! The group will target social and executive functioning skills, such as following instructions, winning and losing, decision making, team work, problem solving and self regulation. Your child will also be encouraged to bring in their favourite games to share!

YEAR 6

High School Readiness

Occupational Therapist: Courtney

Dates: Tues 29th Sept & Thurs 1st Oct

1:00 pm - 2:30 pm

(2 sessions of 1.5 hour duration)

This group is for students approaching High School, to help prepare and support their transition to high school. Content includes: friendships, coping skills, timetables, organisation, protective factors and assessment planning.

This group is for students finishing Year 6 who would benefit from preparation and extra support during this transition time.

YEAR 7 - 9

Food & Friends

Occupational Therapist: Courtney

Dates: Tues 6th & Thurs 8th Oct

10:00 am - 12:00 pm

(2 sessions of 2 hour duration)

Teen Chefs aims to help children develop an understanding of kitchen safety, learn how to read a recipe and develop problem-solving skills whilst exploring their senses in the kitchen and working as part of a small team. This group includes baking and cooking. Suitable for all children no matter what their confidence or level of social skills. An interest in baking and cooking is desirable.

BOOKING CONDITIONS

- Session cost: \$161.66 for 1 hr, \$210.16 for 1.5 hr, \$258.65 for 2 hr.
- Prices quoted are based on 2 participants, the cost will be less if more children join the group.
- Private health & NDIS rebates available. Can be claimed under NDIS Capacity Building Supports - Improved Daily Living.
- Minimum of 2 children required for the group to run.
- Attendance at each session is compulsory.
- You must also be able to switch to a Zoom session, if necessary.
- Some basic resources at home needed, please enquire when booking.
- Sessions held at Balcatta Premise, Unit 23 - 257 Balcatta Road.